

FREEMOTION.

r8.9b RECUMBENT BIKE

MODEL # VMEX82018

CARDIO 8 SERIES RECUMBENT BIKE

This upgraded biking experience comes with a simplified console made smarter with the addition of the users smart device. Use "as is" and the bike tracks workout essentials such as calories, time and distance. Sync a personal device and choose from workouts filmed on location around the world and the bike will match the workout with increased/ decreased resistance.



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PRODUCT FEATURES

FRONT AND CENTER

Users can keep an eye on everything that keeps them motivated: speed, resistance, RPM, distance, calories, time, heart rate, watts, and pace on the simplified user interface.

IFIT® SYNC

Experience 'What's Next' in smart training. The console on the r8.9b Recumbent Bike powered by iFit® goes from simple to interactive when synced with a smart device. As the industry's first "Bring Your Own Device"-solution, the recumbent has resistance matching technology to recreate the actual terrain of video workouts filmed around the world.

STEP-THRU™ DESIGN

This bike's innovative design eliminates the traditional base, making it easier to get on and off the bike.

24 LEVELS OF DIGITAL RESISTANCE

To burn more calories, crank up the intensity. To improve muscle tone, choose one of the 24 resistance levels.

QUICKLIFT™ OVERMOLDED SEAT

For easy, secure seat adjustments, simply lift the lever and quickly slide the seat to the desired position and it locks in place.

BUILT-IN WORKOUTS

Choose between 4 Weight Loss, 4 Speed Interval, 2 Race Training, 2 Hill Climb, Heart Rate and Watts Training workouts with the touch of a button.

SPECIFICATIONS

Resistance System	Digital Resistance Control
Crank	2-Piece Crank
Transport Wheels	2 in (5 cm) transport wheels
Display Type	LED display
Resistance Levels	1-24 levels
Preset Programs	4 Weight Loss, 4 Speed Interval, 2 Race Training, 2 Hill Climb, Heart Rate, Watt Training
Electronic Readouts	6 preset (20 levels) / Fitness test / HRC (6levels) / WATT control / goal (time, distance and calories)
Maximum User Weight	400 lbs (182 kg)
Equipment Dimensions (L x W x H)	69.3 x 23.3 x 49.4 in (176 x 59.1 x 125.4 cm)
Equipment Weight	204.2 lbs (92.6 kg)
Shipping Dimensions (L x W x H)	70 x 17.9 x 30.6 in (177.8 x 45.4 x 77.7 cm)
Shipping Weight	225.1 lbs (102.1 kg)
Power Requirements US & Canada/International	110 VAC, 240 VAC
Regulatory Approvals	CE, BQB

OPTIONAL

- 15.6 in (39 cm) HD Personal TV
- 900/800 MHz receiver (MYE900RCVR)