

FREEMOTION.

GENESIS™ BICEP

MODEL # F602



CABLE STRENGTH GENESIS™

Machines that do more than one thing maximize your floor space and ROI. This Genesis Bicep features a rotating seat for a seated or standing position to isolate the biceps or activate stabilizers. The patented Freeman cable delivers smooth, consistent resistance for user-defined strength training that prevents arms from hyper-extending, lessening the chance of injury.



GENESIS™ BICEP

PRODUCT FEATURES

- ① **INDUSTRIAL CONSTRUCTION**
Built with 11 and 7-gauge steel and electrostatically powder-coated, this machine is built to last.
- ② **WEIGHT STACK**
The protected, enclosed weight stack limits access to moving parts to better prevent accidents or injury.
- ③ **TRADITIONAL SEATED POSITION**
A supported, seated position is ideal for traditional and first-time exercisers. To further challenge the body and initiate core muscles, move forward on the seat or stand up.
- ④ **INDEPENDENT ARM MOVEMENT**
Unilateral handles move independently to create single or dual-arm exercises that build strength with balance and symmetry.
- ⑤ **CABLE TRAVEL**
An extra long cable length creates full exercise extension: Single arm: 84 in (213.3 cm), two arms: 42 in (107 cm).
- ⑥ **SWIVEL PULLEYS**
Swivel pulley design ensures fluid cable travel and provides nearly unlimited range of motion.
- ⑦ **KICK PLATES**
Large, 16-gauge, stainless steel kick plates protect the machine from wear and tear.

SPECIFICATIONS

Weight Stack	150 lbs (68.03 kg)
Weight Stack Configuration	5 - 50 X 5 lbs (0 - 22.6 X 2.2 kg) 60 - 150 X 10 lbs (27.2 - 68 X 4.5 kg)
Resistance	1 Arm - 75 lbs (34 kg) 2 Arms - 150 lbs (68 kg)
Cable Travel	1 Arm- 42 in (107 cm) 2 Arm- 84 in (213.3 cm)
Rubber Feet	Molded floor protectors
Standard Frame Colors	Platinum Sparkle
Optional Frame & Upholstery Colors	On Request
Product (L x W x H)	52 x 36 x 77 in (132 x 91.4 x 195.5 cm)
Shipping Weight	431 lbs (195.4 kg)
Regulatory Approval	EN957, CE

WARRANTY | US AND INTERNATIONAL

10-Year Frame | 3-Year Bearings, Guide Rods, Pulleys and Weight Stacks | 1-Year Cable and Labor
120-Days Upholstery, Handles and Accessories.