

# HOW TO FILL YOUR SANDBELL®

## Things you will need:

- Dry Play Sand
- Funnel
- Scale (optional)
- Rubber Band (included)



## FILLING STEPS



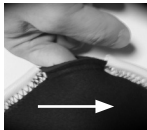
Fill until firm to touch or weigh



Correct tie position



Incorrect tie position



Insert to side



How to fill and exercise videos  
[youtube.com/hyperwear](http://youtube.com/hyperwear)



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**WARNING:** Use this product at your own risk. There is a risk of serious or fatal injury while exercising. You must have proper instruction and supervision during exercise. Do not exercise without first consulting your doctor.

**CALIFORNIA PROPOSITION 65 WARNING:** This product contains chemicals known to the State of California to cause cancer and/or birth defects or other reproductive harm. (For questions about Prop 65: <http://oehha.ca.gov/prop65/p65faq.html>. Contact Hyper Wear Inc. at 1-888-460-0628 with other questions.

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U.S. Patent No. 8,622,877 B2 other patents pending.