

freemotion

U8.9b UPRIGHT BIKE

MODEL # VMEX81418



CARDIO 8 SERIES UPRIGHT BIKE

This upgraded biking experience comes with a simplified console made smarter with the addition of the exerciser's smart device. Use "as is" and the bike tracks workout essentials such as calories, time and distance. Sync a personal device and choose from workouts filmed on location around the world and the bike will match the workout with increased/decreased resistance.



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PRODUCT FEATURES

FRONT AND CENTER

Members can keep an eye on everything that keeps them motivated: speed, resistance, RPM, distance, calories, time, heart rate, watts, and pace on the simplified user interface.

CONNECT WITH YOUR WORKOUT LIKE NEVER BEFORE.

Experience 'What's Next' in smart training. The console on the u8.9b Upright Bike powered by iFit® goes from simple to interactive when synced with a smart device. As the industry's first "Bring Your Own Device"-solution, the upright has resistance matching technology to recreate the actual terrain of video workouts filmed around the world.

24 LEVELS OF DIGITAL RESISTANCE

To burn more calories, crank up the intensity. To improve muscle tone, choose one of 24 resistance levels.

QUICKLIFT™ OVERMOLDED SEAT

For easy, secure seat adjustments, simply lift the lever and quickly slide the seat to the desired position and it locks in place.

2-PIECE CRANK

Freemotion has created a stronger, more durable design and realistic cycling experience. Enjoy a smoother, more comfortable ride.

LARGE, SELF-LEVELING PEDALS

These articulating pedals keep feet level, reducing ankle rotation. Adjust the foot straps for a custom fit and keep feet secure.

BUILT-IN WORKOUTS

Choose between 4 Weight Loss, 4 Speed Interval, 2 Race Training, 2 Hill Climb, Heart Rate and Watts Training workouts with the touch of a button.

SPECIFICATIONS

Resistance System	Digital Resistance Control
Transport Wheels	2 in (5 cm) plastic
Display Type	Simplified User Interface
Resistance Levels	1-24 Levels
Console Languages	EN, ES, DE, IT, PT, CH, NL, FR
Preset Programs	4 Weight Loss, 4 Speed Interval, 2 Race Training, 2 Hill Climb, Heart Rate, Watt Training,
Electronic Readouts	Speed, Resistance, RPM, Distance, Calories, Time, Heart Rate, Watts and Pace
Maximum User Weight	400 lbs (181.4 kg)
Equipment Dimensions (L x W x H)	69.3 x 23.3 x 49.4 in (176 x 59.1 x 125.4 cm)
Equipment Weight	204.2 lbs (92.6 kg)
Shipping Dimensions (L x W x H)	70 x 17.9 x 30.6 in (177.8 x 45.4 x 77.7 cm)
Shipping Weight	225.1 lbs (102.1 kg)
Power Requirements	100 VAC, 140 VAC
Regulatory Approvals	CE, BQB

OPTIONAL

- 15.6 in (39 cm) HD Personal TV
- 900/800 MHz receiver (MYE900RCVR)