

FREEMOTION.

# i11.9 INCLINE TRAINER

MODEL # **FMTK74817**  
INT # **FMTK74817-INT**



## CARDIO 11 SERIES

The i11.9 Incline Trainer has the design runners want, with the incline to boost calorie burn for those who prefer to walk. With an impressive 30% incline and -3% decline, users recruit more muscles, targeting their quads and glutes. The Incline Trainer is equipped with a high definition 10 inch (25.4 cm) tablet featuring iFit® and Google Maps™, allowing users to create a new workout every time. 1-STEP™ Controls make this treadmill ideal for HIIT workouts and functional training.



## i11.9 INCLINE TRAINER

### PRODUCT FEATURES

#### INCLINE AND DECLINE TRAINING

With up to 30% incline, users can recruit more muscle on the i11.9, targeting quads and glutes to get results while the 3% decline builds the "all over" muscles used in everyday life. The tough lift motor delivers 1,500 lbs (680 kg) of lift force for reliable deck movement and stabilization.

#### HIGH DEFINITION CAPACITIVE TOUCH DISPLAY

Experience the workout in full color: This high definition 10 in (25.4 cm) touch screen adds tech luxury to this machine. The tablet is where the workout comes to life, with real-route simulation by iFit® and Google Maps™, and customized workouts that never lose sight of personal fitness goals.

#### 1-STEP™ CONTROLS FOR INSTANT RESPONSE

The ideal treadmill for a HIIT workout or functional training, with 1-STEP™ Controls you can quickly adjust speed, incline and decline with convenient console controls.

#### CROSSFLOW™ WORKOUT FAN

The strong, adjustable fan is positioned at the top of the console, allowing for a more effective cooling of the user.

#### IN-HANDLE CONTROLS FOR SPEED AND INCLINE

Convenient in-handle controls allow users to increase/decrease speed and incline/decline without moving their hands from the handles.

#### ENHANCED ENTERTAINMENT

New entertainment capabilities make the workout experience even better. Owners can add an optional 15.6 in (39 cm) HD Personal TV Screen or a 900/800 MHz receiver to the i11.9 Incline Trainer.

#### EFFICIENT LIFT SYSTEM

Enjoy consistent performance and intense durability with this lift motor designed to run stronger and longer.

### SPECIFICATIONS

Deck	2-Sided Cushioned Deck
Drive Motor	AC 5.0 HP Commercial
Belt / Running Surface	2-Ply Quiet Belt 21.5 x 60 in (54.6 x 152 cm)
Elevation System	-3% decline to +30% incline
Built-in Fan	CrossFlow™ Workout Fan
Display Type	10 in (25.4 cm) HD Full Color Capacitive Touch Display
1-STEP™ Controls	Speed, Incline, & Decline
Maximum User Weight	400 lbs (182 kgs)
Step-up Height	10.7 in (27.3cm)
Speed Range	0-12 mph (0-20 km/h)
Equipment Dimensions (L x W x H)	80 x 34.8 x 76 in (203.2 x 88.3 x 193 cm)
Shipping Dimensions (L x W x H)	85 x 43 x 33.7 in (215.9 x 109.2 x 85.5 cm)
Shipping Weight	750 lbs (340 kg)
Power Requirements	110-120 VAC, 20 Amp, Dedicated Circuit
US & Canada /International	220-240 VAC, 20 Amp, Dedicated Circuit
Regulatory Approvals	TUV

#### OPTIONAL

- Personal 15.6 in (39 cm) HD TV
- 900/800 MHz Receiver

#### WARRANTY | US AND INTERNATIONAL

7 Year - Frame, and Drive Motor | 2 Year - Parts (Mechanical and Electronic) | 1 Year - Console  
1 Year - Labor (US Only)