

FREEMOTION.

MODEL # F505

# GENESIS DS<sup>TM</sup>

## DELTOID



## CABLE STRENGTH GENESIS DS

Strengthen forearms, shoulders, chest and neck with the versatile Genesis DS<sup>TM</sup> Deltoid machine. Utilizing cable-based training with convenient, interchangeable snap-clip aluminum swivel pulleys—the Deltoid machine targets specific arm muscles from a seated or standing position. An adjustable thigh pad comfortably secures legs throughout the workout while the padded, pivoting seat pad quickly folds up and away to switch between seated and standing positions.

# FREEMOTION



## GENESIS DS DELTOID

### PRODUCT FEATURES

- ① **THE ONE MACHINE THAT DOES IT ALL**  
Work forearms, shoulders, chest and neck with a variety of cable-based pulling options. Perform the row, straight arm shoulder, lateral/frontal raises and sagittal plane movements on this machine.
- ② **FEEL SECURE**  
Contoured, thigh pads adjust in height and swivel and slide to fit users of all sizes.
- ③ **PIVOT SEAT PAD**  
Quickly fold up the padded seat to change from a seated to standing workout position.
- ④ **ALUMINUM SWIVEL PULLEYS**  
The pulleys on this machine swivel to target specific muscles and improve stabilization and balance.
- ⑤ **INDEPENDENT ARM MOVEMENT**  
Handles move independently for single or two-arm exercises.
- ⑥ **INDUSTRIAL CONSTRUCTION**  
This machine is built with 11 and 7-gauge steel tubing and has been electrostatically powder-coated with paint that has undergone 2,000 hours of salt spray testing.
- ⑦ **TWO ENCLOSED WEIGHT STACKS**  
Protected, limited access to moving parts is safer for your members and trainers.
- ⑧ **KICK PLATES**  
Solid 16-gauge, stainless steel kick plates protect the machine from wear and tear.
- ⑨ **SNAP CLIP DESIGN**  
Snap Clip design allow handle lengths to be adjusted without having to remove them from the machine, meaning there's less chance of handles going missing.

### SPECIFICATIONS

Weight Stack	QTY. 2- 180 lbs (81.6 kg)
Resistance	1 Arm- 90 lbs (40.8 kg) 2 Arms- 180 lbs (81.6 kg)
Cable Travel	72 in (182.8 cm) per arm
ADA Compliant	Yes
Standard Frame Color	Dell Gray
Upholstery Color	Black Vinyl
Product Dimensions	66 x 31 x 64 in (167.6 x 78.7 x 162.5 cm)
Product Weight	724.6 lbs (378.7 kg)
Shipping Dimensions (LxWxH)	74.8 x 38.9 x 33.5 in (189.9 x 99 x 85.1 cm)
Shipping Weight	863.1 lbs (391.5 kg)
Regulatory Approval	EN957, CE

#### WARRANTY US & INTERNATIONAL

10-Year Frame | 3-Year Parts | 1-Year Cable & Labor  
120 -Day Other